Blemishes? Hide them with Erace.®

Dark Circles? Cover them with Erace.®

Flaws? Smooth them with Erace.®

Boo-boos, no-nos, and other minor disasters? Hide them with Erace.® The creamy, blendable cover-up in a stick. Perfect!

Erace® Cover-up by MAX FACTOR

(1985 Max Factor & Co. A subsidiary of Max Factor & Co. Company Jewelers in Canada)

NOVEMBER 1

COSMOPOLITAN®

Editorial Offices, 224 West 57th Street, New York, NY 10019. Advertising Offices, 224 West 57th Street, New York, NY 10019. published since 1886.

Photograph of Lisa Vale by Francesco Scavullo. Hair by Harry King. Makeup by Way Bandy for Flame Glo: "Sienna Gold" Flame Glo Professional Shadow Kit; "Basic Black" Professional Eyeliner Pencil; "Black" Lush Lash Mascara; "Rose Mood" Flame Glo "Hours Longer" Creme Blush; "Pink Promise" "Hours Longer" Frosted Lipstick; "Cameo Whitcve" Sally Hansen Hard as Nails with Nylon. Clothes by Giorgio Sant'Angelo. Jewelry by M & J Savitt. Styled by Sean M. Byrnes. For profile of Lisa see page 216.

Articles and Features

74 Rutger Hauer: Hollywood's New Dutch Treat • *Jean Penn*
91 A Case of Social Rape • *Katharine Merlin*
103 Learning to Let Go • *Ari Kiev, M.D.*
112 Patient, Heal Thyself • *Emmett E. Miller, M.D.*
128 The One-Week Sugar-Free Diet • *Joyce Hopkirk*
130 A Gallery of Obnoxious Men • *Bonnie Davidson*
144 Do You Speak Sports? (Quiz) • *Nick Alexander*
152 Can't Dance, Don't Ask Me! • *Elizabeth Salomon*
162 No Place Like Home for the Holidays? • *Linda Atkins*
168 The Spoils of Divorce • *Stephanie Pierson*
176 The Sensual Suit • *Brigitte Nioche*
184 Twelve Hideaways for Lovers • *Joyce Winslow*
202 Am I Getting Paid for This? • *Betty Rollin*
209 How Do You Binge? (Roundup) • *Valerie Shorr*
220 What It's Like to Live in Las Vegas • *Audrey Leech Ricker*
224 Fibrocystic Breast Disease: The Not-So-Alarming News • *Gayle Varner*
228 The Storms and Fortunes of Christina Onassis • *Peter Evans*
232 An Intimate Look at Adultery • *Barbara Creaturo*
236 Triumphing Over the Fear of Success: The Strange Anxieties of Successful Women • *Catherine Houck*
240 Insurance Fraud: The Risky Road to Riches • *Peter Hellman*
252 Fabulous 57th Street • *James Horwitz*
260 How to Give a Terrific Cocktail Party • *Jamie Laughridge*
262 New Ways of Making Babies: How Science Can Help • *Niels Lauersen, M.D. and Eileen Stukane*
266 Why the Sexes Still Rage at Each Other • *Jane Clapperton*
278 Women in the Record Industry • *Susan Price-Root*

Fiction

209 Pain (Novel) • *Michael Carson*
296 Eden Burning (Novel Excerpt) • *Belva Plain*

Beauty and Fashion

210 Beauty Bar: How I Erased Deep Laugh Lines (and Got My Madonna Smile) • *Marie Fenton Griffing*
244 Beauty: How Do You Look From the Rear? • *Mailen De Santis*
270 Fashion: The Lady in Red • *Nancy Benson*

Food and Decorating

198 Dinner for Four: Turkey Cordon Bleu
248 Decorating: More for Less • *Ellen Levine*
258 Food: Come for Cocktails • *Ellen Levine*

Departments

17 Step Into My Parlor • *Helen Gurley Brown*
28 COSMO Goes to the Movies • *Guy Flatley*
34 Analyst's Couch • *William S. Appleton, M.D.*
42 November Horoscope • *Barbara Birdfeather*
48 Astro Forecast for Your Men • *Lila Spencer*
50 Travel Bug • *Roberta Ashley*
54 Dieter's Notebook • *Catherine Houck*
56 Irma Kurtz's Agony Column
64 Outrageous Opinion: Going Along (Reluctantly!) With Fashion • *Enid Nemy*
66 COSMO Reads the New Books • *Jane Clapperton*
70 Your Body • *Susan Okie, M.D.*
156 COSMO Tells All • *Barbara Creaturo and Gretchen Parks*
200 What's New in Beauty

COSMOPOLITAN—USPS 0000-934-1 IS PUBLISHED MONTHLY BY THE HEARST CORPORATION, 57TH STREET AT EIGHTH AVENUE, NEW YORK, N.Y. 10019. FRANK A. BENNACK, JR., PRESIDENT, HARRISON A. KRAMER, VICE PRESIDENT AND TREASURER, NANCY L. LIPTON, VICE PRESIDENT AND SECRETARY. HEARST MAGAZINES DIVISION: GILBERT C. MAURER, PRESIDENT, H. ROBERT BROWN, EXECUTIVE VICE PRESIDENT AND GENERAL MANAGER, RAYMOND J. PETERSEN, EXECUTIVE VICE PRESIDENT, THOMAS J. HUGHES, PERIODICAL CONTROLLER, WILLIAM S. CAMPBELL, VICE PRESIDENT, DIRECTOR OF CIRCULATION, LORIS E. PORTERFIELD, VICE PRESIDENT FOR COSMOPOLITAN. SUBSCRIPTION PRICES: U.S. & ANS POSSESSIONS, $24.00 FOR ONE YEAR; $46.00 FOR TWO YEARS; CANADA AND ALL OTHER COUNTRIES, $24.00 ADDITIONAL PER YEAR. SECOND-CLASS POSTAGE PAID AT NEW YORK, NEW YORK AND AT ADDITIONAL MAILING OFFICES. © 1985 BY THE HEARST CORPORATION. ALL RIGHTS RESERVED. SUBSCRIPTION SERVICE: COSMOPOLITAN MAGAZINE WILL, UPON RECEIPT FROM ITS AGENT OF A COMPLETE ITEM OR RENEWAL SUBSCRIPTION ORDER, UNDERTAKE TO FULFILLMENT OF THAT ORDER SO AS TO PROVIDE THE FIRST COPY DELIVERY EITHER BY THE POSTAL SERVICE OR ALTERNATE CARRIER WITHIN SIX TO TWELVE WEEKS. IF FOR SOME REASON THIS CANNOT BE DONE, YOU WILL BE PROMPTLY NOTIFIED OF THE ISSUE OF [illegible] WILL BEGIN YOUR SUBSCRIPTION WITH A REQUEST FOR ANY FURTHER INSTRUCTIONS YOU MAY HAVE CONCERNING YOUR ORDER. PLEASE ADDRESS ALL SUCH ORDERS TO US AT COSMOPOLITAN, P.O. BOX 10074, DES MOINES, IOWA 50340. SHOULD YOU HAVE ANY PROBLEM WITH YOUR SUBSCRIPTION, PLEASE WRITE TO JOHN HARRIS, CUSTOMER SERVICE DEPARTMENT, COSMOPOLITAN, P.O. BOX 10074, DES MOINES, IOWA 50340, TO ASSURE CHANGE OF SERVICE PLEASE ENCLOSE YOUR MAILING LABEL WHEN WRITING TO US OR RENEWING YOUR SUBSCRIPTION. SEVERAL ORDERS MUST BE RECEIVED AT LEAST EIGHT WEEKS PRIOR TO EXPIRATION TO ASSURE CONTINUED SERVICE. PRINTED IN U.S.A. MANUSCRIPTS, DRAWINGS, AND OTHER MATERIAL SUBMITTED MUST BE ACCOMPANIED BY STAMPED, SELF-ADDRESSED ENVELOPE. COSMOPOLITAN CANNOT BE RESPONSIBLE FOR UNSOLICITED MATERIAL. ANY SIMILARITY OF STORIES AND ARTICLES, BY CHARACTERS KNOWN OR HAVE, TO PERSONS LIVING OR DEAD IS UNINTENDED AND PURELY COINCIDENTAL.
POSTMASTER: PLEASE SEND ADDRESS CHANGES TO COSMOPOLITAN, P.O. BOX 10074, DES MOINES, IOWA 50340. [illegible]